

## Module specification

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Module code	HLT425
Module title	Health of the Nation: State of Play
Level	4
Credit value	20
Faculty	SLS
Module Leader	Rachel Byron
HECoS Code	100473
Cost Code	GAHW

### Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BSc(Hons) Public Health and Wellbeing	Core
BSc(Hons) Mental Health and Wellbeing	Core
Dip HE Health and Social Wellbeing	Core

### Pre-requisites

None.

### Breakdown of module hours

Learning and teaching hours	36 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total active learning and teaching hours</b>	<b>36 hrs</b>
Placement / work based learning	0 hrs
Guided independent study	164 hrs
<b>Module duration (total hours)</b>	<b>200 hrs</b>

For office use only	
Initial approval date	6 <sup>th</sup> December 2021
With effect from date	September 2022
Date and details of revision	

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Version number	1

## Module aims

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This module will provide students with academic definitions of 'health', 'mental health' and 'wellbeing', and discuss the 'state' of people's health in local and national contexts, identifying common physical and mental health problems and their and risk factors. It will also introduce the key sectors in the health, mental health and wellbeing landscape and models of health through which common physical and mental health problems can be understood and treated.

## Module Learning Outcomes - at the end of this module, students will be able to:

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1	Define, in academic terms, the concepts of 'health', 'mental health' and 'wellbeing'.
2	Identify common physical and mental health problems experienced by people in local and national contexts.
3	Discuss the risk factors associated with common physical and mental health problems.
4	Recognise the health, mental health and wellbeing sectors and models of health through which common physical and mental health problems can be understood and treated.

## Assessment

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Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Students will be required to write a 2,000-word essay that identifies and discusses common health, mental health and/or wellbeing problems in a local or national context of their choosing, and the key sectors and models of health through which these problems can be understood and treated.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1, 2, 3, 4	Written Assignment	100%

## Derogations

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None.

## Learning and Teaching Strategies

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The learning and teaching strategy for this module follows WGU's Active Learning Framework. Students are required to attend 'synchronous' workshops that will include the delivery of module content alongside individual and group discussions and tasks. They are also required to complete 'asynchronous' directed study tasks provided on the Virtual Learning Environment (VLE), such as watching recorded lectures, engaging with discussion forums, and undertaking quizzes, individual and group tasks, key readings and reflective activities.

## Indicative Syllabus Outline

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- Academic versus lexicographic definitions of 'health', 'mental health' and 'wellbeing'
- Epidemiology basics – what is it and why we need it
- Common physical and mental health problems in local and national contexts
- The risk factors for common physical and mental health problems
- Key sectors in the health, mental health and wellbeing landscape
- Medical and social models of health

## Indicative Bibliography:

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Please note the essential reads and other indicative reading are subject to annual review and update.

### Essential Reads

Carneiro, I. (2017), *Introduction to Epidemiology*, 3<sup>rd</sup> ed. London: Open University Press.

### Other indicative reading

Augustus, J., Bold, J. and Williams, B. (2019), *An Introduction to Mental Health*. London: Sage.

Public Health Wales Observatory: <https://phw.nhs.wales/services-and-teams/observatory/>

Schneider, M.J. (2020), *Introduction To Public Health*. Jones and Bartlett Publishers.

## Employability skills – the Glyndŵr Graduate

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Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

**Core Attributes**

Engaged  
Ethical

**Key Attitudes**

Commitment  
Curiosity  
Adaptability

**Practical Skillsets**

Digital Fluency  
Organisation  
Communication